

Paris/Henry County Basketball League

2021-2022

7-8 Year Olds

Revision (10-07-21)

ALL PLAYERS

1. Play a minimum of 16 minutes per game.
2. If you only have 6 players, then a minimum sit-out time is 5 minutes per game.
3. Must check in at the scorer's table before entering the game.

GAME RULES

1. 4 V 4
2. Four 8 minute quarters. Running clock.
3. 1 minute time out after the first 8 minutes.
4. 2 minute half time. During this time, all players will line up to shoot a free throw.
5. Free throws will be shot from free throw line comfortable with.
6. This will be played as a full court game.
7. Violations such as traveling, 3 seconds, backcourt or double dribble will be called. The Official will blow the whistle and the violation explained and will not result in a change of possession.
8. Personal fouls that inhibit the shooter or cause change of possession will be whistled, the foul explained, and foul shots will be awarded.
9. To maximize team participation, once the ball has crossed the mid-court line, a pass must be made to all 4 players before taking a shot. To keep the game flowing, a team should limit the passes to a maximum of 5. A player must pass or shot within 10 seconds after the offense is in shooting range.
10. Arrow changes only during a held ball situation or when the Official uses the arrow to decide a possession situation.
11. The clock will be stopped only for referee time-outs for abnormal circumstances.
12. Man or Zone defense is allowed. When the defensive team controls a rebound, the offense must clear out and return to their defensive set up.
13. No full court pressure. Defense can be picked up at half court.
14. Fast breaks are allowed.
15. Score will be kept accordingly.
16. A size 27.5 ball will be used.
17. There will be an official on the floor to correct the play.
18. Coaches are responsible for keeping their bench clean and orderly during and after the game.
19. Alleged misconduct by a coach, player, official or attending person will be immediately reviewed by the PHCBL committee and the findings brought before the City of Paris Parks and Recreation Review board for possible disciplinary action.