

Paris/Henry County Basketball League

2021-2022

5-6 Year Olds

Revision (9-13-21)

ALL PLAYERS

1. Play a minimum of 16 minutes per game.
2. Sit out a minimum of 8 minutes per game. NOTE: If you only have 6 players, then a minimum sit-out time is 4 minutes per game.
3. Must check in at the scorer's table before entering the game.

GAME RULES

1. Four 8 minute quarters. 1 minute break between quarters. Running clock will be used.
2. Will be played in a half court setting.
3. No Tip-off. The Home team is given possession of the ball for the 1st and 3rd qtr. Visiting team will start the 2nd and 4th qtr with possession of the ball.
4. No violations such as traveling, 3 seconds, backcourt or double dribble will be called. Personal fouls that inhibit the shooter or cause change of possession will be whistled, the foul explained, and possession returned to the teamed fouled. No foul shots will be awarded.
5. To maximize team participation, once the ball is in play, all 3 players must touch and dribble the ball before a shot is attempted. To keep the game flowing, a team should limit the passes to a maximum of 5. A player must pass or shot within 10 seconds after the offense is in shooting range.
6. The possession arrow points to the defense at that start of each qtr. Arrow changes only during a held ball situation or when the Official uses the arrow to decide a possession situation.
7. The clock will be stopped only for referee time-outs for abnormal circumstances.
8. No timeouts are allowed.
9. Man defense only.
10. When the defensive team controls a rebound, the player must take the ball past the 3 point line. The offense must clear out and return to their defensive set up. No direct attempt to steal is allowed.
11. No standings/ No score/ No tournament.
12. Coaches are encouraged to be on the on the court with the players. ONLY 1 assistant coach or parent will remain on the bench to supervise the children.
13. Coaches will be responsible for teaching their own team.
14. Coaches are responsible for keeping their bench clean and orderly and during after the game.
15. Alleged misconduct by a coach, player, official or attending person will be immediately reviewed by the PHCBL committee and the findings brought before the City of Paris Parks and Recreation Review board for possible disciplinary action.