

**NOTES:**

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*Disclaimer: The Family Resource Center reserves the right to allocate monies for Programs/Administrative costs within the mission of the FRC.*

Special Thanks To The  
Family Resource Center Volunteers  
For This Revised Edition

***PARENTS’  
HELPFUL  
HANDBOOK***

*Compiled by the  
FAMILY RESOURCE CENTER  
Advisory Council & Volunteers*

***2024***

***(731) 642-2938***

# ***CHILD CARE SERVICES***

**Child Care Aware (Military Families Only)**  
703-341-4100

**DHS Child Care Resources** 644-7350  
*Provides assistance, income guidelines*

**Henry County HeadStart** 642-4704

**Northwest Tennessee Economic Development**  
*Headstart, McKenzie, TN* 731-352-4743

**Tennessee Early Childhood Centers**  
*Must Meet eligibility requirements:  
3 & 4 year olds*

Henry School (Open 7:15-2:15))	243-7114
Lakewood School (Open 7:30-2:30)	644-1600
Harrelson School (Open 7:00-2:15)	247-3152

**TNCares Early Head Start** 644-3470  
*Birth – 3 years*

For a list of licensed child care facilities in Henry County, go to  
[www.childcarecenter.us/tennessee/paristn](http://www.childcarecenter.us/tennessee/paristn)

**Child Abuse Hotline** 877-237-0004  
**Centers for Disease Control** 800-232-4636

**For Students:**  
**988 Suicide & Crisis Lifeline (call or text) Dial “988”**  
Chat 988lifeline.org  
**Statewide CRISIS LINE** 855-CRISIS-1  
855-274-7471

**Local:**  
**Youth-Ages 17 and under**  
**Youth Villages Call 866-791-9226**

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## ***YOUTH PROGRAMS***

<b>Boxing Program</b> (Derrick Moon)	<b>642-4229</b>
<b>Boy Scouts of America</b> (Matt Hayes)	<b>707-0431</b>
<b>Civil Air Patrol</b> Henry Co. Airport	<b>644-7933</b>
<b>Covenant Ranch</b> <i>Services: Christian facility for youth</i>	<b>642-2099</b>
<b>Girl Scouts of America</b>	
<b>Henry County 4-H Club</b>	<b>642-2941</b>
<b>Paris Karate</b>	<b>642-7425</b>
<b>Paris Parks and Recreation</b> Paris Civic Center	<b>644-2517</b>
<b>Pop Warner Community Football</b> <i>Contact: Lt. Jerry Pearson</i>	<b>(fax) 642-1440</b>
<b>R.E.A.L. Hope Youth Center</b>	<b>333-1320</b>

## ***CLOTHING***

<b>Salvation Army</b>	<b>642-4105</b>
<b>The Shed (Facebook Page)</b> (Rhea school)	<b>642-0961</b>
<b>Confidential Closet -High School Students</b>	<b>642-5232</b>

## ***COUNSELING SERVICES***

<b>Baptist Behavioral Health Care</b>	<b>800-828-4578</b>
<b>Carey Counseling Center</b> <i>408 Virginia St, Paris, TN</i> <i>For Appointments/Intake</i>	<b>642-0521</b> <i>Call 1-800-611-7757</i>
<b>Youth Villages</b> <i>Transitional living (18-22 years) not handicapped</i>	<b>641-4141</b>
<b>988 Suicide &amp; Crisis Lifeline (call or text)</b>	<b>Dial "988"</b>
<b>Chat</b> <a href="http://988lifeline.org">988lifeline.org</a>	
Statewide CRISIS LINE	855-274-7471
Adult CRISIS (Carey Counseling)	800-353-9918

## ***DENTAL***

*The following Henry County dentists accept TennCare for children and youth under 21*

<b>Western District Baptist Association</b>	<b>642-4641</b>
<i>Services: free dental extractions for seniors and low-income adults. Application forms at Dept. of Human Services</i>	
<b>Dr. Jeffrey Fletcher/Dr. James Graves</b>	<b>653-7455</b>



## **TENNCARE**

**Advocacy Line** 800-758-1638  
**Health Insurance Marketplace**  
*Access, Uninsured, CoverKids, Cover TN, Health Care Navigation*

**AmeriGroup – other DHS Services** 800-600-4441

**Bureau of TennCare (Ins. Families First)** 866-311-4287  
**Family Assistance Service Center**

*Since there are new providers, you need to contact your provider for any changes or appeals.*

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## **TRANSPORTATION**

**Northwest TN Human Resource Agency** 731-587-2900  
877-557-4337

*Services: provides transportation for residents of Henry County*

## **FOOD**

**Food Stamps – Dept. of Human Services** 644-7350

**Meals on Wheels** 642-3139  
*Barbara Pearson 8:30-4:30 p.m. (provides full meals)*

**Northwest Economic Development Council** 642-3132  
Commodities

**New Life Baptist Church, Henry, TN** 243-2525

**Paris-Henry County Food Bank – Screening** 642-3172  
**Services: Food Bank is open M,W,F from 3-4 p.m.**  
*Must call in advance for approval*  
*Provides emergency food for 3 days*

**First United Methodist Church** 642-4764

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## **HEARING**

**Henry Tennessee Relay Services** 800-848-0299  
*Services: telephone relay services for deaf or hearing impaired individuals*

**Lewis Hearing** 644-1407

Contact Family Resource Center at 642-2938 for listings of Ear, Nose and Throat Specialists, services for the hearing impaired

## ***ADDITIONAL FOOD RESOURCES***

**Paris Henry County Food Bank 55 Jones Bend Road Extended Paris, Tennessee (642-3172).** All applicants must be prescreened and added to the daily list.

\*Call M-W-F morning, if approved- pick up is from 3 to 4 P.M.

**EMERGENCY FOOD ONLY:** Nonperishable food. 3 day supply. Approved individuals may receive food every 90 days.

**First United Methodist Church 101 East Blythe, Paris, Tennessee (642-4764).**

Henry County Residents ONLY.

\*Canned goods= Monday or Friday 11:00 to 12:30 P.M. Every 30 days

\*Perishable foods 2<sup>nd</sup> Harvest= 3<sup>rd</sup> & 4<sup>th</sup> Tuesday at 11:00, no screening necessary.

\*3<sup>rd</sup> Saturday 11:00 (Drive thru during Covid)

**Eastwood Church of Christ 800 East Wood Paris, Tennessee (642-2861)**

Box of canned food Mon-Fri before 2:30.

Help is given only once a year.

**Lakeside Christian Fellowship 642-3445 or 644-0111** Tuesday 6pm-6:30pm, Henry Co. residents.

## ***SUPPORT GROUPS***

**211 Confidential Help Line, any problems, 24/7 211**

**Alcoholics Anonymous (AA Hotline)**  
**800-934-9518 or 800-948-8417**

**Celebrate Recovery – 641-8822**  
*Christian based program that addresses any hurt, habit or hang-up*

Meets every Thursday 6:00-8:00 PM at TVCC  
Meal served at 5:30; Free children's program (6 months thru 6<sup>th</sup> grade)

**www.Compassionate Friends (loss of child- support group)**

**Shedd Academy 270-247-8007**  
*Services: educational screening for students with dyslexia, reading, and/or Attention Deficit Disorder*

## ***SCHOOLS EDUCATION***

<b>Henry County Ag Extension Office</b>	<b>642-2941</b>
<b>Henry County Board of Education</b>	<b>642-9733</b>
<b>Lakewood School</b>	<b>644-1600</b>
<b>Harrelson School</b>	<b>247-3152</b>
<b>Henry Co. High School</b>	<b>642-5232</b>
<b>Henry School</b>	<b>243-7114</b>
<b>Grove School</b>	<b>642-4586</b>
<b>Alternative Learning Center</b>	<b>642-3898</b>
<b>Patriot Preschool</b>	<b>642-9733</b>
<b>H.C. Virtual Academy</b>	<b>642-9733</b>
<b>Adult Education (JSCC)</b>	<b>731-425-2628 EXT 5022</b>
<b>Paris Special School District</b>	
<b>Board of Education</b>	<b>642-9322</b>
<b>W.G. Rhea School</b>	<b>642-0961</b>
<b>Michelle Brewer – The Shed</b>	<b>642-0961</b>
<b>The Family Enrichment Center</b>	<b>642-8011</b>
<b>Paris Elementary School</b>	<b>642-3675</b>
<b>W.O. Inman School</b>	<b>642-8131</b>
<b>Tennessee College of Applied Technology</b>	<b>644-7365</b>
<b>W.G. Rhea Library, Paris</b>	<b>642-1702</b>

## ***FOOD RESOURCES CONT.***

**Fairview Baptist Church, 114 Memorial Drive,  
Paris, Tennessee 642-2191**

Nonperishable items, the amount of food is based on the family size. You must fill out an application and supply a photo id. Please call for appointment on Mondays 9:00am-11:00am, food can be picked up from 1:00-3:00pm (same day) if approved.

**New Harmony Baptist Church 7050 Hwy 69S,  
Paris, Tennessee 593-5276 Extension 304**

2<sup>nd</sup> Harvest Food-3<sup>rd</sup> Tuesday each month at 10 am  
By appointment only, call on Tuesday before.

**Antioch United Methodist Church Food Pantry,  
serving Buchanan & Springville area. 644-1814,**

Church answering machine, please leave your name and phone number, and speak clearly. (Help within 5 mile radius)

## **OTHER HELPFUL NUMBERS:**

**DHS-Food Stamps 644-7350**

**Meals on Wheels, 55 Jones Bend Road Extended, Paris,  
Tennessee (642-3139).** Meals catered for senior citizens only (60 or older). Must apply prior to being placed on the list. Meals delivered 5 days a week to citizens in Paris, Puryear and Henry. Every day a meal is served at 11:00 in the Central Building for seniors 60 or older. Please call each day for information.

**USDA Food Commodities, 55 Jones Bend Road Extended,  
Paris, Tennessee (642-3132).** Application is required Income Eligible, once every quarter for pick up. USDA food usually, a box of food (about 75lbs).

## ***FINANCIAL SERVICES***

**Clearpoint Financial Solutions** 800-750-2227  
*Services: Credit Counseling*

**Department of Human Services** 644-7350

**Family Resource Center Benevolence Fund** 642-2938

**Lifeline** (TN Regulatory Authority)/**Link-Up Tennessee**  
*Lifeline Services: discounts on local phone charges, people eligible include those on Medicaid, Food Stamps, Families First or income guidelines.*  
*Link-Up Tennessee Services: assists phone connections*  
*To apply: [lifelinesupport.org/get-started](http://lifelinesupport.org/get-started)*

**Northwest Tennessee Economic Development Council**  
(Liheap, Emergency Rent, Emergency Utilities) 642-3132

**Project HELP** 642-5855  
*Tuesdays & Thursdays 7:00 – 10:00a.m, Electric Bills only*

**Salvation Army** 642-4105  
*Monday 9:00 a.m.-12:00 noon*

**Easton's Angels** [eastonsangels.org](http://eastonsangels.org)  
*Helping children with life-altering illnesses*

## ***PARENTING INFORMATION***

**Family Resource Center** 642-2938  
*Kindergarten Prep*

**Carl Perkins Center** 642-8455

## ***PRENATAL/PREGNANCY SERVICES***

**Henry County Health Department** 642-4025

**Tomorrow's Hope Pregnancy Care Center** 642-0600  
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## ***SENIOR CITIZEN PROGRAMS***

**Henry County Office on Aging** 642-2919  
*Open Monday-Friday, 8:30-4:30*

**Northwest TN Area Agency on Aging** 731-587-4213  
*Martin, TN*

*Services: homemakers, caregiver support, home-delivered meals, in-home services, telephone reassurance, public transportation programs, nutrition services.*

**Senior Citizen Center** 642-4566  
*Open 10-4, M-F*

*Services: Education programs and social events*

**Conger Senior Citizen Center** 644-3193



## ***MEDICATION***

**HCMC Hospice** 642-7600

**Henry County Healthcare Foundation** 644-8266  
644-8215

*Helps purchase medication for chronic diseases.  
Chronic Disease Management: must re-evaluate every 3  
months*

**HCMC Pharmacy Relief** 644-8215

**Salvation Army** 642-4105

## ***MENTAL ILLNESS***

**National Alliance on Mental Illness (NAMI)**  
[namiparis@namitn.org](mailto:namiparis@namitn.org) 800-467-3589

**988 Suicide & Crisis Lifeline (call or text) Dial "988"**

**Chat 988lifeline.org**

**Statewide CRISIS LINE** 855-274-7471

**Local:** Youth-Ages 17 and under Youth Villages 866-791-9226  
Adult-Ages 18 and over Carey Counseling 800-353-9918

## ***HOUSING***

*The following provide income-based public housing*

**Crestview Manor** 642-0544

**Brookfield Apartments** 731 612-9137

**Paris Housing Authority** 642-4451  
fax 642-4496

**Wesley Pine Ridge Senior Housing** 642-7773/641-8898

*The following are income-limited rental units*

**Colony Square** 644-1786

**Park Village Apartments** 642-3992

**Southwood Apartments** 644-1497

**Tyson Park Apartments** 642-7074  
**Rentals: Re/Max** 642-7362

**Foundation Bank** 642-3130

**L&D Properties – Letty Hassell** 336-0034

**Tennessee Housing Development Agency** 615-815-2200

*Emergency Housing*

**Henry County Sheriff's Dept.** 642-1672

**Ronald McDonald House Nashville, TN** 615-343-4000

**Set Free Ministries–Women's Transitional** 227-8821

**Free Will Shelter Humboldt, TN** 731-784-9358

